

2019 Spectrum Race 2 - 8km Night Run - Ladies

Pos.	Name	Time	Bib No.	Distance	Gender	Series
1	Beth Buchanan	00:41:52	919	8km	Female	No
2	Rebecca Jordaan	00:43:56	923	8km	Female	Short
3	Estee Cockroft	00:46:25	920	8km	Female	No
4	Lize Greyling	00:46:31	839	8km	Female	Long
5	Theresa Buchner	00:49:49	846	8km	Female	Long
6	Bianca Vermaak	00:51:02	917	8km	Female	No
7	Ariana Watkins	00:51:07	910	8km	Female	Long
8	Nadia Jooste	00:51:23	921	8km	Female	No
9	Sharon Jessop	00:53:15	857	8km	Female	Long
10	Natalie Goedhals	00:53:36	867	8km	Female	No
11	Pamela Paton	00:58:27	892	8km	Female	Long
12	Sian Gectj	00:58:40	848	8km	Female	No
13	Elize Wessels	00:58:48	903	8km	Female	No
14	Starr Douglas	01:00:53	914	8km	Female	No
15	Anesca Zehmke	01:00:55	872	8km	Female	No
16	Shavonne Van Staden	01:02:04	901	8km	Female	No
17	Sam Du Toit	01:02:06	861	8km	Female	Long
18	Cindy-lee Augusteyn	01:03:05	843	8km	Female	No
19	Maricia Schulpfort	01:04:22	853	8km	Female	Short
20	Lynette Smuts	01:04:25	852	8km	Female	Short
21	Belinda Louw	01:04:36	879	8km	Female	No
22	Bridget van den Heever	01:07:12	855	8km	Female	No
23	Christy Rennie	01:07:44	905	8km	Female	No
24	Monique Wessels	01:08:03	908	8km	Female	No
25	Kim Van Rooyen	01:08:05	883	8km	Female	No
26	Philippa Fabbri	01:10:35	885	8km	Female	No
27	Siska van der Bijl	01:10:38	927	8km	Female	No
28	Kirsty Elliott	01:10:41	887	8km	Female	No
29	Tracy Lee Lowry	01:12:37	850	8km	Female	No
30	Tenielle De Andrade	01:12:43	869	8km	Female	Long
31	Julie Jones	01:12:48	907	8km	Female	No
32	Carlia Richter	01:12:58	924	8km	Female	Short
33	Katherine Liebenberg	01:13:50	900	8km	Female	Long
34	Letitia Strauss	01:13:55	929	8km	Female	Long
35	Jessi Young	01:14:05	896	8km	Female	Short
36	Tracy Engler	01:17:38	880	8km	Female	No
37	Jocelyn Young	01:23:08	772	8km	Female	No
38	Anke Neft	01:24:12	1000	8km	Female	No
39	Jillian Bower	01:24:56	930	8km	Female	No
40	Rae Luckman	01:26:50	925	8km	Female	Short
41	Mile Vermaak	01:26:56	884	8km	Female	Short
42	Gwen Young	01:32:38	894	8km	Female	No
43	Terri-Lee Young	01:33:00	895	8km	Female	Short
44	Sally Anderson	01:36:09	773	8km	Female	Short

2019 Spectrum Race 2 - 8km Night Run - Men

Pos.	Name	Time	Bib No.	Distance	Gender	Series
1	Stu Marais	00:32:18	876	8km	Male	No
2	Mvuyisi Gcogco	00:38:07	891	8km	Male	Long
3	Christopher O'Linsky	00:39:56	898	8km	Male	Long
4	Craig Munton	00:40:32	906	8km	Male	Long
5	Ruan Van Niekerk	00:40:53	866	8km	Male	No
6	SP Du Plessis	00:41:09	918	8km	Male	Long
7	Gino Fabbri	00:41:17	886	8km	Male	No
8	Morne Nel	00:42:48	904	8km	Male	No
9	Jared Jordan	00:43:24	902	8km	Male	No
10	Matthew Hunter	00:43:48	871	8km	Male	No
11	Brian Upman	00:44:34	859	8km	Male	Long
12	Gareth Andrews	00:44:46	911	8km	Male	Long
13	Wilhelm Henning	00:45:29	928	8km	Male	No
14	David Hiscock	00:45:33	915	8km	Male	Short
15	Khuliso Mulaudzi	00:46:06	890	8km	Male	Long
16	Bernard Playdon	00:46:20	842	8km	Male	No
17	Dominic Bailey	00:47:06	865	8km	Male	No
18	Coenie Louw	00:47:15	878	8km	Male	No
19	Bruce King	00:47:27	877	8km	Male	Long
20	Cornelius Greyling	00:47:31	840	8km	Male	Long
21	Jason Goedhals	00:47:44	868	8km	Male	No
22	Johann Postma	00:48:24	858	8km	Male	No
23	Justin Mittens	00:48:56	863	8km	Male	Long
24	Alex Rivarola	00:49:01	873	8km	Male	No
25	Hekkie Breytenbach	00:49:28	1931	8km	Male	Long
26	Hein Van Rooyen	00:49:36	882	8km	Male	No
27	Wyaard Dupree	00:50:29	847	8km	Male	No
28	Chris Meistre	00:51:01	916	8km	Male	No
29	Chad Keates	00:51:09	912	8km	Male	Long
30	Haig Smuts	00:51:13	897	8km	Male	No
31	Andre Bothma	00:53:33	875	8km	Male	No
32	Johann Staats	00:54:21	862	8km	Male	Long
33	Alain Blatti	00:54:40	854	8km	Male	Long
34	Rod Butters	00:54:47	889	8km	Male	Long
35	Robert Tubb	00:54:54	913	8km	Male	No
36	Matthew Price	00:55:07	774	8km	Male	Short
37	Konrad Hoekstra	00:58:31	888	8km	Male	Long
38	Leigh Shepherd	00:59:36	922	8km	Male	Long
39	Petrus Rademeyer	01:00:07	860	8km	Male	No
40	Morne Du Plessis	01:02:01	870	8km	Male	Long
41	Bryan Thomas	01:04:30	849	8km	Male	No
42	Dave Farren	01:07:16	856	8km	Male	No
43	Jacques Zwiegelaar	01:07:18	874	8km	Male	No
44	Craig Bester	01:13:17	899	8km	Male	Long
45	Jan Le Roux	01:13:25	909	8km	Male	No
46	Keith Valentine	01:15:44	851	8km	Male	No
47	Michael Flynn	01:17:16	841	8km	Male	No
48	Ross Engler	01:17:40	881	8km	Male	No
49	Mathew Strydom	01:18:24	845	8km	Male	No
50	Hennie Roux	01:24:48	838	8km	Male	No
51	Karl Oelofse	01:24:51	864	8km	Male	No
52	Conrad Vermaak	01:26:54	926	8km	Male	No
53	Timothy Young	01:33:06	893	8km	Male	No

Spectrum Trail Run Series - Short Series - Leaderboard - Women

Pos.	Name	Time – Race 1	Distance	Time – Race 2	Distance	Gender	Series	Overall Time
1	Rebecca Jordaan	00:23:30	5km	00:43:56	8km	Female	Yes	01:07:26
2	Maricia Schulpfort	00:34:37	5km	01:04:22	8km	Female	Yes	01:38:59
3	Lynette Smuts	00:35:33	5km	01:04:25	8km	Female	Yes	01:39:58
4	Carlia Richter	00:40:01	5km	01:12:58	8km	Female	Yes	01:52:59
5	Jessi Young	00:41:20	5km	01:14:05	8km	Female	Yes	01:55:25
6	Terri-Lee Young	00:43:52	5km	01:33:00	8km	Female	Yes	02:16:52
7	Rae Luckman	00:52:40	5km	01:26:50	8km	Female	Yes	02:19:30
8	Mile Vermaak	00:52:38	5km	01:26:56	8km	Female	Yes	02:19:34
9	Sally Anderson	00:58:55	5km	01:36:09	8km	Female	Yes	02:35:04

Spectrum Trail Run Series - Short Series - Leaderboard - Men

Pos.	Name	Time – Race 1	Distance	Time – Race 2	Distance	Gender	Series	Overall Time
1	David Hiscock	00:30:31	5km	00:45:33	8km	Male	Yes	01:16:04
2	Michael Flynn	00:46:23	5km	01:17:16	8km	Male	Yes	02:03:39

Spectrum Trail Run Series - Long Series - Leaderboard - Women

Pos.	Name	Time – Race 1	Distance	Time – Race 2	Distance	Gender	Series	Overall Time
1	Lize Greyling	01:06:40	11km	00:46:31	8km	Female	Yes	01:53:11
2	Theresa Buchner	01:13:09	11km	00:49:49	8km	Female	Yes	02:02:58
3	Sharon Jessop	01:15:54	11km	00:53:15	8km	Female	Yes	02:09:09
4	Ariana Watkins	01:23:25	11km	00:51:07	8km	Female	Yes	02:14:32
5	Pamela Paton	01:22:22	11km	00:58:27	8km	Female	Yes	02:20:49
6	Sam Du Toit	01:26:35	11km	01:02:06	8km	Female	Yes	02:28:41
7	Tenielle De Andrade	01:42:01	11km	01:12:43	8km	Female	Yes	02:54:44
8	Katherine Liebenberg	01:51:44	11km	01:13:50	8km	Female	Yes	03:05:34
9	Letitia Strauss	01:51:47	11km	01:13:55	8km	Female	Yes	03:05:42

Spectrum Trail Run Series - Long Series - Leaderboard - Men

Pos.	Name	Time – Race 1	Distance	Time – Race 2	Distance	Gender	Series	Overall Time
1	Mvuyisi Gcogco	00:46:35	11km	00:38:07	8km	Male	Yes	01:24:42
2	Christopher O'Linsky	01:01:43	11km	00:39:56	8km	Male	Yes	01:41:39
3	Craig Munton	01:02:32	11km	00:40:32	8km	Male	Yes	01:43:04
4	SP du Plessis	01:10:13	11km	00:41:09	8km	Male	Yes	01:51:22
5	Bruce King	01:11:43	11km	00:47:27	8km	Male	Yes	01:59:10
6	Gareth Andrews	01:15:11	11km	00:44:46	8km	Male	Yes	01:59:57
7	Brian Upman	01:15:45	11km	00:44:34	8km	Male	Yes	02:00:19
8	Hekkie Breytenbach	01:10:59	11km	00:49:28	8km	Male	Yes	02:00:27
9	Khuliso Mulaudzi	01:14:45	11km	00:46:06	8km	Male	Yes	02:00:51
10	Cornelius Greyling	01:14:04	11km	00:47:31	8km	Male	Yes	02:01:35
11	Justin Mittens	01:16:34	11km	00:48:56	8km	Male	Yes	02:05:30
12	Chad Keates	01:18:23	11km	00:51:09	8km	Male	Yes	02:09:32
13	Rod Butters	01:20:34	11km	00:54:47	8km	Male	Yes	02:15:21
14	Johann Staats	01:22:26	11km	00:54:21	8km	Male	Yes	02:16:47
15	Alain Blatti	01:22:36	11km	00:54:40	8km	Male	Yes	02:17:16
16	Konrad Hoekstra	01:30:19	11km	00:58:31	8km	Male	Yes	02:28:50
17	Morne Du Plessis	01:41:30	11km	01:02:01	8km	Male	Yes	02:43:31
18	Craig Bester	01:38:14	11km	01:13:17	8km	Male	Yes	02:51:31